

SEMI-SOFT CHEESE









Its history dates back to the 12th century, eating it is a truly unique experience and its flavour is a revelation: that's Tête de Moine.

Tête de Moine is a cylindrical, washed, semi-soft, raw milk cheese. It is made from a very fine-grained paste which melts slightly in the mouth. The lush grass and herbs of the pastures and natural mountain milk make Tête de Moine a product of its "terroir" and create its incomparable flavour. It is produced according to the stringent standard of the AOP specifications and is matured for at least two and a half months on pine boards. Only seven cheese dairies in the Bernese and Jura hills are allowed to make Tête de Moine.



THE CHEESE DELICACY PARED **INTO ROSETTES**

| Place of origin and production | Fromages Spielhofer SA, CH-2610 Saint-Imier | |
|--------------------------------|----------------------------------------------------------------------------------------------------------------------|--|
| Milk type | Natural mountain raw milk from cows fed without silage | |
| Cheese type | Semi-soft cheese | |
| Rind | Natural, firm, brown to reddish-brown | |
| Fat content | Min. 51% FDM | |
| Weight | 700–900 g | |
| Maturity period | Tête de Moine AOP min. 75 days. Tête de Moine AOP Réserve min. 4 months Tête de Moine AOP Bio min. 75 days | |
| Taste | Pure and aromatic, stronger with age | |
| Quality | Classic, Réserve, Extra and Bio | |
| - Variations | Whole cheese, half cheese, tray with pre-packed rosettes | |

| NUTRITIONAL VALUES | | |
|--------------------|----------|--|
| | 100 g | |
| Energy | 1646 kJ | |
| | 397 kcal | |
| Fat | 33 g | |
| Carbohydrates | 0 g | |
| Protein | 26 g | |
| Salt | 1.9g | |



Learn more about the Tête de Moine.









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