





TÊTE DE MOINE AOP





Its history dates back to the 12th century, eating it is a truly unique experience and its flavour is a revelation: that's Tête de Moine.

Tête de Moine is a cylindrical, washed, semi-soft, raw milk cheese. It is made from a very fine-grained paste which melts slightly in the mouth. The lush grass and herbs of the pastures and natural mountain milk make Tête de Moine a product of its "terroir" and create its incomparable flavour. It is produced according to the stringent standard of the AOP specifications and is matured for at least two and a half months on pine boards. Only seven cheese dairies in the Bernese and Jura hills are allowed to make Tête de Moine.

rable fl AOP sp on pine



THE CHEESE DELICACY PARED INTO ROSETTES

Place of origin and production	Fromages Spielhofer SA, CH-2610 Saint-Imier	
Milk type	Natural mountain raw milk from cows fed without silage	
Cheese type	Semi-soft cheese	
Rind	Natural, firm, brown to reddish-brown	
Fat content	Min. 51% FDM	
Weight	700–900g	
Maturity period	Tête de Moine AOP min. 75 days. Tête de Moine AOP Réserve min. 4 months Tête de Moine AOP Bio min. 75 days	
Taste	Pure and aromatic, stronger with age	
Quality	Classic, Réserve, Extra and Bio	
Variations	Whole cheese, half cheese, tray with pre-packed rosettes	

NUTRITIONAL VALUES		
	100 g	
Energy	1646 kJ	
	397 kcal	
Fat	33 g	
Carbohydrates	0g	
Protein	26 g	
Salt	1.9g	











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